

Time	Session Title & Format	Key Details & Sub-Activities
09:00 – 09:45	Introductions & Ice-Breaker (45 Minutes)	* Welcome: Short one-line introductions, organizer intros, objectives, and full-day overview. * Ice-Breaker Activity (15 Mins): Pairs from mixed backgrounds choose a reactive health scenario (2 mins), speculatively ideate a proactive AI/sensing system that could intervene 6 months early without using generic data metrics (4 mins), and conduct a rapid-fire share-out (5 mins).
09:45 – 10:45	Interactive Session: Thematic Explorations (60 Minutes)	* Format: 3 collaborative, interdisciplinary working teams. * Focus Topics: Uncover benefits, drawbacks, and ethical impacts of: 1. Data to Meaning: Bridging health metrics with insights. 2. Equitable Personalization: Balancing analysis with bias reduction. 3. Human-Centered Engagement: Sustaining safe, private, ethical interactions.
10:45 – 11:00	Break (15 Minutes)	* Networking time for participants. * Accepted authors prepare for presentations.
11:00 – 12:30	Author Presentations (90 Minutes)	* Moderation: Managed across physical floor and concurrent online space. * Presentations: 1. Marina Vicini et al. (Exploring Aging-in-place and Proactive Care Through Vignettes) 2. Monica Noselli (The Ghost in the Interface: Why Standard Explainable AI Fails Proactive Care in High-Pressure Clinical Contexts) 3. Tony Wang & Qian Yang (Exploring Reinforcement Learning for Fluid Transitions Between Clinical Mental Healthcare and Everyday Wellness Support) 4. Fatima Badmos et al. (Care Ecology as a Sustainable Sensing Strategy for Older Adults' Outdoor Movement) 5. Kiana Mousavi et al. ("But Who Takes the Liability?": Analyzing Clinician Discourse on AI in Primary Care) 6. Christel De Maeyer & Minha Lee (From Prediction to Participation: User-Centered Design in Healthcare Digital Twins)
12:30 – 13:45	Lunch Break (75 Minutes)	* Self-paid lunch in themed groups. * Note: All participants must reconvene by 13:30.
13:45 – 15:00	Keynote & Expert Panel (60 Minutes)	* Keynote (30 Mins): Ana Correia de Barros (Fraunhofer AICOS) on co-designing a cyberphysical kit to assess subjective wellbeing. * Panel (30 Mins): Ana Correia de Barros, Dong Whi Yoo, Jessica Pater, Mandi Hall, and Pedro Reis Pereira
15:00 – 15:15	Break (15 Minutes)	* Refreshments break. * Ongoing asynchronous access.
15:15 – 16:15	Group Session (60 Minutes)	* Working groups open designated collaborative Miro boards. * Recall, reflect, and evolve research cases, frameworks, and problem-solving models using the afternoon's keynote/panel insights.
16:15 – 16:45	Summary (30 Minutes)	* Group spokespersons present final results from their Miro ideation and mapping sessions for wider workshop discussion.
16:45 – 17:00	Wrap Up (15 Minutes)	* Summarize core takeaways, solutions, and intervention strategies. * Group photographs with both in-person and hybrid/online participants.